



PRINT VIEW OF LINKS

Bundle: Diet improved; Diversified >> Improved health

Source: MNY-5

The meals I buy in the market have changed because I have the option to buy various goods. The spare food type has change as I now have access to better seeds for my farm and some material.

Increased

The motive for this change is in the varieties of foods cultivated in my farm, in my livestock creation and also in the food varieties from the market.

More variety

The reason is as a result of the varieties and the different foods. We have a variety of good in the market. Some from my garden and it is the reason I am healthy.

Source: MSX-1

Increased

MORE FOOD VARIETIES THAT GENERATED A GOOD NUTRITION IN THE FAMILY overall AND WE ALSO CONSERVE MORE FOOD. Increased from the introduction production of horticulture such as tomatoes, onions these enabled more food. With tomatoes and onions we could now do stew to avoid only eating green vegetables.

More variety

AFTER, THE GOOD WAYS OF CONSERVATION OF FOOD AND VARIETIES IN FOODS HELPED A GOOD RESULT IN THE HEALTH OF THE FAMILY.